

SEMEN COLLECTION

RECOMMENDATIONS SEMEN COLLECTION



01. Urinate **before** starting collection



02. Wash your hands carefully



03. Pull back the foreskin and clean the glans and penis with the disinfecting wipes provided



04. Open the sample container. Turn the cover over and place it on the table. Do not touch the inside of the cover or container



05. Collect the sample by masturbation. Collect all the ejaculated semen in the sterile container
⚠ No use of condoms



06. Write your *Surname and Forname* on the sample



07. Report to the nurse when collection is complete or take the container to the laboratory within two hours



08. Any problems encountered during collection must be reported. Inform laboratory staff if collection is incomplete



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